



RECREATIONAL PROGRAMS *FALL/WINTER 2010/2011*

DID YOU KNOW.....

- ~ The KWSC has been one of the largest recreational skating clubs in Canada for over 70 years
- ~ We are a sanctioned member of our National Association, Skate Canada, and all members are required to pay a yearly (Sept 1/10 - Aug 31/11) membership fee of \$31.00 that we must submit to Skate Canada. All sanctioned skating clubs across Canada must collect this fee from every member.
- ~ All of our coaches are NCCP certified Skate Canada professional coaches trained through high quality programs by Skate Canada.
 - ~ All of our coaches are certified in First Aid.
- ~ Professional coaches are assisted by trained, volunteer Program Assistants.

Welcome to the Fall/Winter 2010-2011 season. We are looking forward to another exciting year!

Please note: Spaces are limited and programs are filled on a first come, first served basis. Registration is in person only. Proof of age is required at registration (Health Card, Passport or Birth Certificate) for specified programs. Please take time to carefully review the program and financial information, including the refund policy.

Rink Locations

RIM PARK	2001 UNIVERSITY AVENUE EAST	WATERLOO
DON MCLAREN	61 GREEN STREET	KITCHENER
LIONS	20 RITTENHOUSE ROAD	KITCHENER
GRAND RIVER	555 HERITAGE DRIVE	KITCHENER



FALL/WINTER 2010-11

WHAT TO BRING WHEN YOU REGISTER:

1. **Proof of Age is REQUIRED for all new members.** Please bring a Birth Certificate **or** Health Card **or** Passport.
2. Registration **MUST** be completed **IN PERSON**. Program tags will not be mailed.
3. Cash, debit or personal cheques are accepted for payment. (Sorry, we do not accept credit cards).

WHEN & WHERE YOU CAN REGISTER:

1. **Pre-Registration:** Tuesday, September 7th, 2010 from 12:00 pm – 7:00 pm (**see below** to find out if you **qualify** to Pre-Register) at the KWSC office, located in RIM Park.
2. **Open Registration begins:** Thursday, September 9th, 2010 from 12:00 pm – 7:00 pm at the KWSC office, located in RIM Park.
3. Registration is on going at our office, during regular office hours, after the above dates.

<u>Regular Office Hours:</u>	Monday	10:00 am – 2:00 pm
	Tuesday & Thursday	12:00 pm – 7:00 pm
	Saturday	9:30 am – 3:30 pm (Sept-May, excluding holiday weekends)

We will be at Conestoga Mall for information purposes only on Wednesday, September 8th & Thursday, September 9th from 5:30 – 9:00 pm. We will **NOT** be accepting registrations at the Mall.

PRE-REGISTRATION

Tuesday, September 7th, 2010 from 12:00 pm - 7:00 pm at RIM Park, KWSC Office

WHO CAN PRE-REGISTER?

Any member who skated in a Fall/Winter 2009-2010, Spring 2010, Summer 2010 or anyone registered in a September 2010 Pre-Season KWSC Recreational or TCHSS program.

IMPORTANT INFORMATION:

1. Programs are subject to schedule changes.
2. Fees must be paid in full at the time of registration. Cheques are made payable to the KWSC and must include a phone number. See the "Financial Information" section for further information and the KWSC refund policy.
3. Registration forms will be available at the KWSC office and on our website: www.kwsc.org by mid August 2010.

IMPORTANT INFORMATION FOR ALL PROGRAMS

Please read carefully through this year's brochure. A few highlights are:

~ All programs (except Adult Social Dance and Enrichment) are offered in 9 week sessions in both the Fall & the Winter. You can register for either the Fall and/or Winter session(s) beginning in September (see registration dates above). Fall 2010 registrants are not guaranteed their program spot in Winter 2011. To guarantee your spot, register **early** for both Fall & Winter.

~ Skaters are placed in groups according to their badge/stage level. New skaters will be grouped according to ability.

~ All programs (except Parent & Tot) participate in a yearly fundraising fee of \$40.00 that is paid only once during the Fall/Winter. If you pay this fee with your Fall registration, you do not pay it again if you sign up for Winter. You will receive a book of tickets to sell and you keep the money. Ticket stubs are due back to your coach or the KWSC office by **Feb 12, 2011**.

PARENT & TOT PROGRAM – Ages 2 & 3

This is an introductory skating program for children that are 2 and 3 years of age who are accompanied by an adult 18 years of age or older. In order to register for this program, tots must be 2 years of age by October 1/10 for the Fall session and January 1/11 for the Winter session. The accompanying adult must have competent skating abilities and must be able to assist the tot throughout the lesson. A Skate Canada coach will lead each 45 minute session using games, songs and toys. There are no skating aids or hockey sticks allowed on the ice. **All tots are required to wear a properly fitted CSA approved helmet.**

This program will be offered for nine weeks in both the Fall & Winter. *There is no refund for this program.* **The accompanying adult is required to pay the \$31.00 Skate Canada Membership Fee for insurance purposes, therefore the same adult must accompany the tot each week.**

FEES: \$ 98.00 for each 9 week session (Fall or Winter)

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11 for both the skater **and** accompanying adult)

Days Offered	Time	Location	Fall	Winter
Monday	5:30 pm – 6:15 pm	RIM Park: Optimist	Oct 18/10 – Dec 13/10	Jan 3/11 – Mar 7/11 <i>No skating Feb 21/11</i>
Tuesday	6:00 pm – 6:45 pm	RIM Park: Lions	Oct 19/10 – Dec 14/10	Jan 11/11 – Mar 8/11
Saturday	11:00 am – 11:45 am	Lions Kitchener	Oct 16/10 – Dec 11/10	Jan 8/11 – Mar 5/11

PRESCHOOL (CanSkate) PROGRAM – Ages 3 to 5

SKATE CANADA SANCTIONED SKILLS PROGRAM

AIM: The focus of this program is to make skating fun. Skating skills taught range from learning to stand and balance to going forwards and backwards.

DESCRIPTION: This program will be offered for nine weeks in both the Fall & Winter. This is the entry level program for beginners who are 3 – 5 years of age. Children are placed in groups according to ability and taught by a Professional Coach and assisted by qualified CanSkate Program Assistants. Each 45 minute session consists of a warm up, a lesson/fun time and a cool down. Skaters can earn CanSkate badges/stages in this program.

REQUIREMENTS: Children must be 3 to 5 years of age as of October 1/10 for the Fall session and January 1/11 for the Winter session. **Proof of age is required for all new members.** Parents are **NOT** allowed on the ice. Please expect a 2 or 3 week adjustment period for some of the younger and/or new participants. **All skaters are required to wear a properly fitted CSA approved helmet.**

NOTE: Due to the young age of these skaters, our refund policy allows for a \$60.00 refund to those skaters who withdraw **PRIOR** to the start of the **FOURTH** skating lesson (in each season).

FEES: \$ 109.00 for each 9 week session (Fall or Winter) ** For 2 days a week, add \$70.00 for each 9 week session **

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Days Offered	Time	Location	Fall	Winter
Monday	9:45 am – 10:30 am	RIM Park: CFSC	Oct 18/10 – Dec 13/10	Jan 3/11– Mar 7/11 <i>No skating Feb 21/11</i>
Monday	5:30 pm – 6:15 pm	RIM Park: Optimist	Oct 18/10 – Dec 13/10	Jan 3/11– Mar 7/11 <i>No skating Feb 21/11</i>
Tuesday	6:00 pm – 6:45 pm	RIM Park: Lions	Oct 19/10 – Dec 14/10	Jan 11/11 – Mar 8/11
Thursday	5:05 pm – 5:55 pm	Grand River	Oct 21/10 – Dec 16/10	Jan 13/11 – Mar 10/11
Saturday	11:00 am – 11:45 am	Lions Kitchener	Oct 16/10 – Dec 11/10	Jan 8/11 – Mar 5/11
Saturday	1:45 pm – 2:30 pm	RIM Park: CFSC	Oct 16/10 – Dec 18/10 <i>No skating Dec 11/10</i>	Jan 8/11 – Mar 5/11
Sunday	12:45 pm – 1:30 pm	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11
Sunday	1:45 pm – 2:35 pm	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11
Sunday	3:00 pm – 3:45 pm	Don McLaren	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11



CANSKATE PROGRAM - Ages 5 to 12

SKATE CANADA SANCTIONED SKILLS PROGRAM

AIM: The focus of this program is to learn and develop a variety of skating skills. This program is beneficial to any skater with an interest in ice sports (figure skating, hockey, ringette, speed skating). Participants earn badges while they learn fundamental skating skills as they progress through the program levels/stages.

DESCRIPTION: This program will be offered for nine weeks in both the Fall & Winter. Skaters are placed in groups according to their badge/stage level and/or ability, taught by a Professional Coach and assisted by qualified CanSkate Program Assistants. Each session consists of a warm-up, lesson time and a cool down.

REQUIREMENTS: Children must be 5 to 12 years of age as of October 1/10 for the Fall session and January 1/11 for the Winter session. **Proof of age is required for all new members. Properly fitted CSA approved helmets are strongly recommended for beginners.**

FEES: \$ 109.00 for each 9 week session (Fall or Winter) ** For 2 days a week, add \$70.00 for each 9 week session**

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Days Offered	Time	Location	Fall	Winter
Monday	6:20 pm – 7:10 pm	RIM Park: Optimist	Oct 18/10 – Dec 13/10	Jan 3/11 – Mar 7/11 <i>No skating Feb 21/11</i>
Tuesday	7:00 pm – 7:50 pm	RIM Park: Lions	Oct 19/10 – Dec 14/10	Jan 11/11 – Mar 8/11
Wednesday	7:15 pm – 8:05 pm	RIM Park: Lions	Oct 20/10 – Dec 15/10	Jan 12/11 – Mar 9/11
Thursday	5:05 pm – 5:55 pm	Grand River	Oct 21/10 – Dec 16/10	Jan 13/11 – Mar 10/11
Saturday	12:00 pm – 12:50 pm	Lions Kitchener	Oct 16/10 – Dec 11/10	Jan 8/11 – Mar 5/11
Saturday	2:40 pm – 3:35 pm	RIM Park: CFSC	Oct 16/10 – Dec 18/10 <i>No skating Dec 11/10</i>	Jan 8/11 – Mar 5/11
Sunday	11:45 am – 12:35 pm	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11
Sunday	1:45 pm – 2:35 pm	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11
Sunday	2:00 pm – 2:50 pm	Don McLaren	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11

ENRICHMENT PROGRAM

Registration for Enrichment begins on Monday, August 16, 2010 at the KWSC office, located in RIM Park.

This 2 day/week program is designed to accelerate skaters through the Skate Canada CanSkate Program and to prepare young skaters for continuation in figure skating. This program includes a weekly 30 minute off-ice class. **Skaters must have received a letter of recommendation or approval from the program coordinator to register in this program.** If you have received a letter and have any questions, please contact Membership Services at 519-886-5972 ext 221.

There is a separate registration package for this program available at our office and on our website.

RECREATIONAL STARSKATE

This program is designed for skaters who wish to continue to develop their figure skating skills in a group lesson setting. To register in this program, skaters must have passed their Stage 6 CanSkate badge/stage **or** have been recommended to this program by a KWSC professional coach.

Instruction is provided in stroking, free skating, skating skills, dance and interpretive. Independent learning is encouraged. Private lessons may be available – please contact the KWSC office if interested.

FEES: Wednesday: \$ 168.00 for each 9 week session (Fall or Winter) **** For 2 days a week, add \$100.00 for each 9 week session ****
*** Sunday: \$ 208.00 for each 9 week session (Fall or Winter)**
** (includes 30 minutes of snowball synchro)*

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Days Offered	Time	Location	Fall	Winter
Wednesday	6:15 pm – 7:05 pm	RIM Park: Lions	Oct 20/10 – Dec 15/10	Jan 12/11 – Mar 9/11
Sunday	10:15 am – 11:35 am <i>includes 30 minutes of snowball synchro</i>	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11

SNOWBALL SYNCHRO

This is an introductory program that teaches the fundamental skills of synchronized (team) skating. Any skater who is currently working on their CanSkate stage 3 badge or above or is registering in the Recreational STARSkate Program or Junior STAR Program is eligible to register for this program.

FEES: \$ 40.00 for each 9 week session (Fall or Winter)

**** Note:** If skater is not registered in another Fall/Winter 2010/2011 program, additional fees are due at time of registration.

Days Offered	Time	Location	Fall	Winter
Sunday	11:05 am – 11:35 am	RIM Park: CFSC	Oct 17/10 – Dec 12/10	Jan 9/11 – Mar 6/11

GEMS ON ICE SYNCHRO TEAM Elementary Level

Please see the KWSC STAR, Competitive & Synchro Fall/Winter 2010/2011 brochure or call Membership Services at 519-886-5972 ext 221 for program information.

PRE POWER - Ages 4 to 5

This program is designed for young skaters who can stand up on skates and move forwards on their own. This program helps develop basic skating skills in a power-specific environment. Helmet, neck guard, gloves & stick are required. Children must be 4 years of age as of October 1/10 for the Fall session and January 1/11 for the Winter session.

FEES: \$ 109.00 for each 9 week session (Fall or Winter)

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Days Offered	Time	Location	Fall	Winter
Monday	5:30 pm – 6:15 pm	RIM Park: Optimist	Oct 18/10 – Dec 13/10	Jan 3/11 – Mar 7/11 <i>No skating Feb 21/11</i>
Thursday	6:00 pm – 6:50 pm	Grand River	Oct 21/10 – Dec 16/10	Jan 13/11 – Mar 10/11



ADULT CANSKATE PROGRAM

AGES 16 +

AIM: This program is intended for adults with little or no skating experience. This is a great program to get started, whether you are interested in figure skating, hockey or recreational skating. Skaters are divided into groups according to their ability and taught basic skating skills in a group format. Skaters can earn badges/stages as they progress through the program.

FEES: \$ 190.00 for each 9 week session (Fall or Winter)

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Day Offered	Time	Location	Fall Session	Winter Session
Wednesday	8:05 pm – 8:50 pm	RIM Park: Lions	Oct 20/10 – Dec 15/10	Jan 12/11 – Mar 9/11

ADULT SOCIAL DANCE

AIM: This program is for adults with some knowledge of the Skate Canada Dances (Dutch Waltz, Canasta Tango, etc) and provides the chance to ice dance for fun. Music is played for the Preliminary through Gold Dances and you can skate with or without a partner. The focus of the program is on recreational social dancing.

REQUIREMENTS: Basic dance skating skills required. Knowledge of the Skate Canada Preliminary Dances or higher will enhance participants enjoyment and involvement in the program.

FEES: \$ 212.00 (this program is not offered in 9 week sessions – see dates below)

PLUS a once per year Skate Canada Fee of \$31.00 (Sept 1/10-Aug 31/11) and a once per year \$40.00 fundraising fee

Day Offered	Time	Location	Session
Tuesday	9:05 pm – 9:35 pm	RIM Park: CFSC	Sept 14/10 – Mar 22/11

Adult Social Dance skaters have the option of adding the Tuesday evening Int/Senior STAR dance session from 8:45 pm – 9:05 pm. The cost to add this session is \$60.00.

The KWSC Office is open for your convenience on:

Monday: 10:00 am – 2:00 pm

Tuesday & Thursday: 12:00 pm – 7:00 pm

** Saturday: 9:30 am – 3:30 pm*

** September – May, excluding holiday weekends*

Kitchener-Waterloo Skating Club

Carolyn Fedy Skating Centre, Suite 101- RIM Park
2001 University Avenue East, Waterloo, ON N2K 4K4
Phone: 519-886-5972 Fax: 519-884-5790
Website: www.kwsc.org E-Mail: kwsc@kwsc.org

KWSC STAFF (519) 886-5972

Marie Pringle, Executive Director	ext 226
Paul MacIntosh, Skating Programs Manager	ext 222
Membership Services	ext 221
Debbie Weber, Accountant	ext 228
Receptionist	ext 229
Peter Aivaliotis, Athletic Director	ext 230

FINANCIAL INFORMATION

ALL FEES ARE IN CANADIAN FUNDS. PLEASE MAKE CHEQUES PAYABLE TO THE KITCHENER-WATERLOO SKATING CLUB (KWSC). CHEQUES MUST INCLUDE YOUR TELEPHONE NUMBER AND BE SUBMITTED WITH THE REGISTRATION FORM.

Registrants for all programs must pay in full with the submission of the registration form or adhere to the payment schedule designed for their particular program. Financial arrangements other than the aforementioned must be authorized and arranged with Membership Services prior to October 4, 2010.

The annual (September 1, 2010 to August 31, 2011) Skate Canada Membership Fee of \$31.00 is due in September. KWSC Home Club members must submit this fee with their registration form. As KWSC is a member of Skate Canada, it is mandatory that all participants in a Skate Canada sanctioned program become a member in order to provide liability coverage and to maintain our operating sanction.

Deposits will be cashed upon receipt. All returned cheques will be charged a \$25.00 (fees are subject to change without notice) administration fee. Fees must be paid before the start of the program. Skaters with outstanding accounts will **not** be allowed on the ice. All program changes are to be requested in writing and are subject to a \$15.00 processing fee.

Refund Policy: After name tag(s) have been issued:

- a) A program refund, less a \$15.00 administrative fee and the Skate Canada Fee, will be issued up until October 2/2010 for Fall 2010 programs and December 7/10 for Winter 2011 programs. After these dates, refunds will only be issued for medical reasons, upon receipt of a Medical Doctor's note, on a pro-rated basis (using the date on the medical doctor's note or the accident report form) **except** for the base, fundraising & Skate Canada fees, which are non-refundable.
- b) withdrawal from the program does not remove the obligation to honour post-dated cheques

Preschool Tryout Policy: Skaters who withdraw **PRIOR** to the **commencement** of the **FOURTH (4th)** class of each season will be refunded \$60.00. Refunds will not be issued after the commencement of the fourth (4th) class.

Be aware that there is **NO Make-Up Policy** for programs cancelled due to inclement weather, city ice deletions where relocating the program is not possible or any other unforeseen circumstances for which the KWSC cannot be held responsible.

Ontario Skaters' Promotional Contest: KWSC is conducting this compulsory fundraiser for each skater in our Skate Canada Programs (excluding Parent & Tot). Each Lottery Book (fundraising fee is included with your registration) contains 20 tickets that can be sold for \$2.00 each. The money collected is kept by the skater. Skaters involved in multiple KWSC Recreational Programs are only required to sell one set of books. Additional books will be available at the KWSC office for interested skaters to purchase. Please return your ticket stubs to the KWSC office or a coach on your session no later than February 12, 2011.

The KWSC reserves the right to correct any errors or omissions in this brochure. The KWSC has the right to change or cancel any program for which there is insufficient paid registration. In the event of any program change or cancellation the registrants will be offered a full refund (or pro-rated, as appropriate).

The KWSC has the right to remove a skater and/or parent/legal guardian from the session and/or program for inappropriate, abusive and/or dangerous behaviour on the ice.



Wayne Francis
Master Skate Sharpener
(519 746-6563)

2001 University Avenue
Waterloo Ontario, N2J 4A8
rimparkskateshop@bellnet.ca

SKATE MAGIC



**CUSTOM MADE
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Email: skatemagic@gto.net

Phone: 519-744-3029

Cell: 519-729-9075

Fax: 519-744-9865



- Fitness for all ages
- K-W's Youth Conditioning
- Certified Fitness Staff
- 4000 sq. foot fitness facility
- 40 x 40 dance & movement studio with mirrors
- Fitness & performance assessments

Contact Peter Aivaliotis
(Athletic Director)
for further information
519-886-5972 ext. 230



WATERLOO SPORTS MEDICINE CENTRE
at RIM Park

RIM PARK - SUITE 104
2001 UNIVERSITY AVENUE EAST
WATERLOO, ONTARIO
N2K 4K4

TEL: 519-885-5684

FAX: 519-885-6123