

# KWSC REVISED Fall / Winter 2009-2010 Schedule

Competitive Programs Sept 8/09 - March 26/10  
STARSkate Programs September 8/09 - March 26/10



## RIM Park - CFSC Ice Pad

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15 - 7:35 Dance Pairs	6:15 - 7:35 Dance Pairs	6:15 - 7:35 Dance Pairs	6:15 - 7:35 Dance Pairs	6:15 - 7:35 Dance Pairs	7:15 - 9:05 Dance Pairs	7:00 - 10:05 KWSC "SOI"
7:45 - 9:05 Dance Pairs	7:45 - 9:05 Dance Pairs	7:45 - 9:05 Dance Pairs	7:45 - 9:05 Dance Pairs	7:45 - 9:05 Dance Pairs	9:15 - 9:30 Jr STAR Stroking	10:15 - 11:05 Rec STAR / Enrichment
9:15 - 12:05 KWSC "SOI" <b>Sept</b>	9:15 - 11:35 KWSC "SOI"	9:15 - 12:05 KWSC "SOI"	9:15 - 12:05 KWSC "SOI"	9:15 - 12:05 KWSC "SOI"	9:30 - 9:50 Jr STAR Skill	11:05 - 11:35 Snowball Synchro
9:45 - 10:30 Preschool <b>Oct/Mar</b>	11:45 - 2:05 KWSC "SOI"	12:15 - 1:05 FS Pairs	12:15 - 1:05 FS Pairs	12:15 - 1:05 FS Pairs	9:50 - 10:20 Jr STAR FS	11:45 - 12:35 CanSkate
10:35 - 12:05 KWSC "SOI" <b>Oct/Mar</b>	2:15 - 3:05 Sr Comp FS	1:15 - 2:05 FS Pairs	1:15 - 2:05 FS Pairs	2:40 - 3:30 Sr Comp FS	10:20 - 10:35 Jr STAR Dance	12:45 - 1:30 Preschool
12:15 - 1:05 FS Pairs	3:15 - 4:05 Sr Comp FS	2:15 - 3:05 Sr Comp FS	2:15 - 3:05 Sr Comp FS	3:40 - 4:30 Sr Comp FS	10:45 - 11:05 Int / Sr STAR Skill	1:45 - 2:35 CanSkate/Preschool
1:15 - 2:05 FS Pairs	4:15 - 5:05 Jr Comp FS	3:15 - 4:05 Sr Comp FS	3:15 - 4:05 Jr / Sr Comp FS	4:40 - 5:00 Jr / Int STAR Skill	11:05 - 11:50 Int / SR STAR FS	2:40 - 3:30 LTS
2:15 - 3:05 Sr Comp FS	5:05 - 5:25 Jr Comp/Comp Dev Spin	4:15 - 4:45 Jr Comp FS	4:05 - 4:25 Jr / Sr Comp Stroking	5:00 - 5:45 Jr / Int STAR FS	11:50 - 12:10 Int / Sr STAR Dance	3:40 - 5:30 City of Waterloo Public Skate
3:15 - 4:05 Jr / Sr Comp FS	5:35 - 6:25 Comp Dev FS	4:45 - 5:05 Jr STAR Skill	4:35 - 5:35 Jr Comp FS	5:45 - 6:05 Jr / Int STAR Dance	12:20 - 12:40 Jr STAR Skill	
4:15 - 5:05 Jr Comp FS	6:25 - 6:45 Jr STAR Skill	5:05 - 5:35 Jr STAR FS	5:45 - 6:05 Int / Sr STAR Skill	6:05 - 6:20 Jr/Int STAR Stroking	12:40 - 1:10 Jr STAR FS	
5:05 - 5:20 Jr STAR Skill	6:45 - 7:15 Jr STAR FS	5:35 - 5:50 Jr STAR Dance	6:05 - 6:50 Int / SR STAR FS	6:30 - 8:20 Dance Pairs	1:10 - 1:25 Jr STAR Dance	7:00 - 11:20 KWSC "SOI" <b>Sept only</b>
5:20 - 5:50 Jr STAR FS	7:15 - 7:30 Jr STAR Dance	5:50 - 6:05 Jr STAR Stroking	6:50 - 7:10 Int / Sr STAR Dance	8:20 Flood	1:25 - 1:40 Jr STAR Stroking	11:30 - 1:30 Nexxice <b>Sept only</b>
5:50 - 6:10 Jr STAR Dance	7:40 - 8:00 Int / Sr STAR Skill	6:15 - 7:15 Comp Dev	7:10 - 7:30 Stroking (Int/SR STAR)		1:45 - 2:30 Preschool	1:40 - 3:30 Nexxice ""
6:20 - 6:40 Jr / Int STAR Skill	8:00 - 8:45 Int / SR STAR FS	7:25 - 7:45 Int STAR Skill	7:40 - 9:10 Nexxice		2:45 - 3:35 CanSkate	
6:40 - 7:25 Jr / Int STAR FS	8:45 - 9:05 Int / Sr STAR Dance	7:45 - 8:30 Int STAR FS	9:20 - 11:05 Nexxice		3:35 - 4:35 Comp Dev Stroking	
7:25 - 7:45 Jr / Int STAR Dance	9:05 - 9:35 Extra STAR Dance/ Social Dance	8:30 - 8:50 Int STAR Dance	11:05 Flood		4:45 - 5:05 Jr Comp/ Comp Dev	
7:45 - 8:05 Stroking (Int/SR STAR)		8:50 - 10:05 KWSC "SOI"			5:05 - 5:35 Jr Comp FS	
8:15 - 8:35 Sr STAR Dance					5:45 - 6:30 Jr Comp FS	
8:35 - 9:15 Sr STAR FS					6:40 - 7:30 Pairs/Programing	
9:15 - 9:35 Sr STAR Skill					7:40 - 8:30 Pairs	
9:45 - 10:35 TCHS Adult					8:30 Flood	

Turn over to see REVISED week 1 for Competitive skaters ONLY →

## RIM Park - Lions Ice Pad

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00 - 6:45 Preschool/Parent & Tot	5:00 - 5:50 Jr Comp FS				12:00 - 12:50 TCHS Pwr 1
	7:00 - 7:50 CanSkate	Flexibility Jr Comp/Comp Dev				1:00 - 1:50 TCHS Pwr 2
	7:50 Flood	6:15 - 7:05 Rec STAR / Enrichment				
		7:15 - 8:05 CanSkate				
		8:05 - 8:50 Adult CS				

## RIM Park - Optimist Ice Pad

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					8:30 - 9:20am Elementary Synchro	
					2:30 - 3:20pm LTS	

## RIM Park - Pillers Ice Pad

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1:00 - 1:50 FS Pairs			1:00 - 1:50 FS Pairs		
	2:00 - 2:50 FS Pairs			2:00 - 2:50 FS Pairs		

### Special Dates

19-Dec Club Comp  
27-Mar Showcase

### No Skating

Oct 12/09 Thanksgiving  
Nov 11/09 Remembrance Day - no programs until 4pm  
Dec 19/09 Club Comp  
Dec 23, 24, 25, 26 Christmas Break  
Dec 31, Jan 1 New Years  
Feb 15/10 Family Day

### Tentative Test Dates

28-Sep-09 Comp only  
14-Oct-09 STAR only  
26-Nov-09 All levels  
9-Feb-10 All levels  
12-Mar-10 STAR only

**REVISED**  
**F/W Competitive Programs ONLY**  
**AM Dance Program,**  
**Sr, Jr, Comp Dev and FS pairs**



# Competitive Programs Only - Aug. 31 - Sept. 4

**RIM Park - CFSC Ice Pad**

Monday August 31, 2009	Tuesday September 1, 2009	Wednesday September 2, 2009	Thursday September 3, 2009	Friday September 4, 2009	Saturday September 5, 2009	Sunday September 6, 2009	Monday September 7, 2009	
6:15 - 7:35 Dance Pairs 7:45 - 9:05 Dance Pairs 9:15 - 10:35 KWSC "SOI" 10:45 - 12:05 KWSC "SOI" 12:15 - 1:05 FS Pairs 1:15 - 2:05 FS Pairs 2:15 - 3:05 Sr Comp FS 3:15 - 4:05 Jr / Sr Comp FS 4:15 - 5:15 Jr Comp FS 5:15 Flood	6:15 - 7:35 Dance Pairs 7:45 - 9:05 Dance Pairs 9:15 - 11:05 KWSC "SOI" 11:15 - 12:15 FS Pairs 12:25 - 1:35 Sr Comp FS 1:45 - 2:35 Sr Comp FS 2:45 - 3:45 Jr Comp FS 3:45 - 4:05 Jr Comp/Comp Dev Spin 4:15 - 5:15 Comp Dev FS 5:15 Flood	6:15 - 7:35 Dance Pairs 7:45 - 9:05 Dance Pairs 9:15 - 11:05 KWSC "SOI" 11:15 - 12:05 FS Pairs 12:15 - 1:05 Sr Comp FS 1:15 - 2:05 Sr Comp FS 2:15 - 3:05 Jr Comp FS 3:15 - 3:45 Jr Comp FS 3:45 - 4:05 Flexibility Jr Comp/Comp Dev 4:15 - 5:15 Comp Dev 5:15 Flood	6:15 - 7:35 Dance Pairs 7:45 - 9:05 Dance Pairs 9:15 - 11:35 KWSC "SOI" 11:45 - 12:35 FS Pairs 12:45 - 1:35 FS Pairs 1:45 - 2:35 Sr Comp FS 2:45 - 3:45 Jr / Sr Comp FS 3:45 - 4:05 Jr / Sr Comp Stroking 4:15 - 5:15 Jr Comp FS 5:15 Flood	6:15 - 7:35 Dance Pairs 7:45 - 9:05 Dance Pairs 9:15 - 10:05 KWSC "SOI" 10:15 - 11:05 FS Pairs 11:15 - 12:05 FS Pairs 12:15 - 1:05 Sr Comp FS 1:15 - 2:05 Sr Comp FS 2:15 - 3:05 Jr Comp FS 3:15 - 3:45 Jr Comp FS 3:45 - 4:05 Stroking Jr Comp/Comp Dev 4:15 - 5:15 Comp Dev 5:15 Flood	Jr Comp / Comp Dev  Make up day for Saturday Sept 5, 2009 ← <b>KWSC closed</b>			
<b>COW /TCHS Power Camp 5:30 - 9:30</b>	<b>COW /TCHS Power Camp 5:30 - 9:30</b>	<b>COW /TCHS Power Camp 5:30 - 9:30</b>	<b>COW /TCHS Power Camp 5:30 - 9:30</b>	<b>COW /TCHS Power Camp 5:30 - 9:30</b>				
				<b>COW /TCHS Power Camp 5:30 - 9:30</b>				

Schedule for August 31 - September 4

**RIM Park - Optimist Ice Pad**

Monday	Tuesday	Wednesday	Thursday	Friday
	12:30 - 1:20 FS Pairs	12:30 - 1:20 FS Pairs		

**NO off-ice classes this week.**  
**Classes begin the week of September 8th**