

General public health measures (gatherings, workplace requirements and face coverings) in the Red level of the Province's COVID-19 Response Framework

KWSC will *continue* to take the following precautions:

- Requirement of workplace screening
- Face coverings required in:
 - indoor workplaces,
 - indoor public spaces, with [limited exemptions](#)
- Workplaces must develop and implement a communication/public education plan (highlighting risk)
- Physical distancing must be maintained
- Non-essential travel from areas of high-transmission to areas of low transmission should be avoided – exception made for individuals who travel for work, but skaters not advised to travel from a region in a more controlled COVID-19 response code outside Waterloo region to attend skating sessions inside Waterloo Region
- Gyms and fitness studios permitted to be open with:
 - 10 people indoors (classes)
 - 10 people indoors (areas with weights or exercise equipment) – *KWSC has been taking these 2 precautions since Waterloo region moved to Yellow*
- No contact permitted for team or individual sports but there is an exemption for high-performance athletes and Parasports – KWSC Dancers can continue to touch when practicing
- No spectators permitted (exemption for parent and guardian supervision of children) Face coverings required except when exercising
- Increase spacing between patrons to 3 metres for areas of a sport or recreational facility where there are weights or weight machines and exercise and fitness classes

- Require contact information for all patrons and attendance for team sports
- Require reservation for entry; one reservation for teams
- Require screening of members of the public, including spectators (for example, health questionnaire)
- A [safety plan](#) must be available upon request – These safety precautions are included in KWSC's Return to Play plan but will be pulled out to create a short safety plan using the government template.

Sports and recreational fitness facilities

- Maximum 50 people per facility (revoke OCMOH approved plan) in all combined recreational fitness spaces or programs (not pools, rinks or arenas, community centres, and multi-purpose facilities)
- Limit duration of stay to 90 minutes except if engaging in sport
- Limit the volume of music to conversation level and prevent shouting by both instructors and members of the public

NEW measures that will be taken by KWSC if Waterloo Region moves to the Red/Control Category of the Provincial COVID-19 Response Plan:

- Where patrons without face coverings are within two metres of workers, workers must use additional protections such as eye protection – *KWSC has been recommending all attendees on and off the ice stay at least 2 metres apart since July. Public Health is now recommending eye protection if physical distancing is not possible.*
- All sports and recreational programs in other facilities (arenas and multiplexes) limited to 10 people per room indoors and 25 outdoors – *KWSC will limit the number of people on the ice to 10 (including skaters and coaches) as per Skate Ontario guidelines of Nov. 13, 2020*



<https://www.ontario.ca/page/covid-19-response-framework-keeping-ontario-safe-and-open#red>